



779 East 49<sup>th</sup> Street \* Phone 718-946-7301 x 213 or 201

Today we had another fun and educational day in camp. We had  
**Health and Water Safety Day!!**

We started off the day with learning about water safety. We had an awesome activity where we made jello and used jellyfish to demonstrate water safety.

Then we were visited by a personal trainer named Greg, who showed us how to do exercise to keep us healthy and in shape, as well as discussing how to eat healthier.

Our healthy snack of the day was apples, and we munched on them while watching an informative movie on safety, made by Hatzoloh. Today was filled with a lot of good lessons- and we had such a great time learning them!!

