The DayHab

newsletter

פרשת וארא January 12, 2024

Trip to Melody Lanes..

On Wednesday, the participants went on a "strike"ing trip to the bowling alley. We got off the buses in the morning with glistening faces. Every day at Otsar is exciting but this Wednesday was extra special! We loaded the buses eagerly and were on our way. The participants were in tough competition as everyone at Otsar is skilled bowlers. **Eshka** swiftly rolled the ball down the lane. Next up was **Gita**. **Mordy** swung

the ball, like a professional. The scores were racking up. The lucky winner

was none other than **Eddie J**! We clapped and cheered for him. **Bracha** shared

that she had a wonderful time. The participants truly had a "ball". All too soon, we

were back at Day Hab. We are grateful to Otsar for always keeping us on our toes

with our show-stopping program!!



Dancing with Arkadiy..

The participants count down the days to Arkadiys dancing session. He brings unique energy, positivity and smiles to our Day Hab. As always, Arkadiy was greeted with resounding applause when he arrived. We started out with warm up exercises. "Stretch those hands as high as you can". Arkadiy then introduced a new exercise. The participants grabbed a partner and joined hands up high. We stood next to each other, creating a tunnel. One by one, the pair of participants in the front went under the tunnel to the other side. Lots of laughter was heard as we joined in the fun. Marc and Shoshana were the perfect duo. We were blown away by our skilled dancers. The participants have mastered many dance exercises and are ready

to take it up a notch. Stay tuned for some new dances that will



Snow Globes..

On Tuesday, the participants were delighted to make their very own snow globes. We each received a bare snow globe. Fayge glued on bears to the cover. The first step was pouring water in to the globe. We then added iridescent glitter. The participants watched in amazement

personalize the globes, we received a transparent sheet with our name

on it to decorate. We pasted this on to the cover of the globe. Giggles

were heard around the room as the participants shook the globes

back and forth. We all know that every day at Otsar Day Hab is

magical!!