

newsletter

פרשת בשלח
 February 3, 2023

Magical Monday..

This week, there was a feeling of magic and sparkles that took hold of us!

In honor of the upcoming Yom Tov of Tu B'shvat, we had exciting daily activities planned. Each day of the week, we zoomed in on one of the

Shivas Haminim, the 7 fruits of Israel and their color. Monday was

wheat which is beige. The participants were in for a surprise as we rolled and shaped our own heavenly challah roll! In the afternoon,

staff prepared a cup game. Which cup holds the golf ball? **Yvette**

laughed as the ball seemingly disappeared but alas, she spotted it. In

honor of the theme color of the day, the participants wore stylish beige clothing. The "spell" finally lifted and brought us back to reality. What a

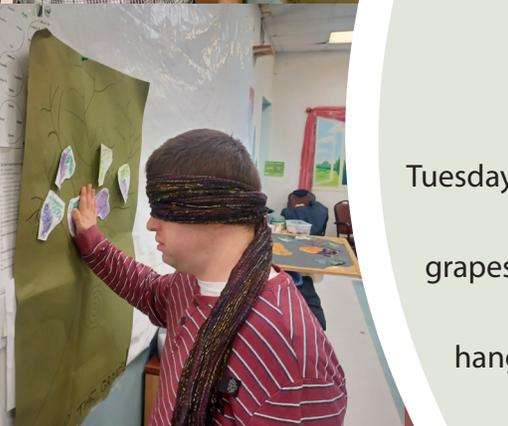
"charming" day!

Terrific Tuesday..

Tuesdays spotlight was grapes. The participants envisioned juicy and luscious

grapes and sure enough, out came the real McCoy. Our activity of the day was

hanging grapes on a vine blindfolded. **Bobby** impressed us with his dexterity





skills and pasted the cluster of grapes quite close to the vine.

Our beloved participants cheered for him. **Roger** wore a purple watch, matching the color of the day. The adrenaline coursed through our veins and left us wondering what tomorrow will be...Just wait and see!

Wondrous Wednesday..

Our "wonder" was met with amazement as we discovered what today's theme is. Barley is another one of the Shivas Haminim, which is white. We were treated to a delicious delicacy, barley soup! Staff prepared a long twig and the participants decorated the branches using white cotton balls. Hold your breath, there's more coming!

Tantalizing Thursday..

A succulent, tasty pomegranate greeted us on Thursday morning. Did you know that a pomegranate is said to have 613 seeds? Staff led a discussion and the participants learnt fascinating facts about pomegranates. We relished the scrumptious fruit for snack. Staff then led a hot n' cold game around the room. Cool, warm, hot, boiling arghh..**Marc** spotted a napkin holder. **Francine** wore a bright red wig, adding zest to the day. Stay tuned for a "tasteful" treat tomorrow that will have you coming back for more!



Fabulous Friday..

We ended off this action-packed week with a bang! On Friday, we zoomed in on olives which are green. Staff prepared a “tree”ful activity. The participants created green trees using pipe cleaners. We added leaves, creating an authentic touch. We also played a game in which the participants had to spot green items amongst a bowl of rice. And of course, the participants wore green clothing. We immensely enjoyed the camaraderie and the memories of this week will stay with us for a long while. Special shout out to our awesome staff for creating this innovative program!!

Shivas Haminim Bulletin Board..

Tuesday dawned bright and early. The participants arrived with a smile knowing that today is our arts n’ crafts session. We decorated the 7 Shivas Haminim. **David** pasted barley onto a stalk. **Shoshana** impressed us with her craftsmanship and diligently poured glitter on the grapes. **Fayge** gathered the crafts and created a breathtaking bulletin board. As we discussed each of the 7 fruits, the participants referred to the board. We all know that Otsar Day Hab is the #1 place to be!!