


# newsletter

פרשת נח


October 24, 2025

## Welcome Back..





We warmly welcomed the participants back to our Otsar family after a long holiday vacation! Everyone looked bright and well rested. We were intrigued to hear where the participants spent their time away. Some of us stayed home and others went away. **Yaakov** went to his mothers home for the first days. **Bracha** shared that she spent Sukkos with her sister. We are happy to be back and are looking forward to a fulfilling month ahead!!

## Trip to Melody Lanes..



On Wednesday, the participants went on a "strike"ing trip to the bowling alley. We got off the buses in the morning with glistening faces. Every day at Otsar is exciting but this Wednesday was extra special! We loaded the buses and





arrived in no time. The participants were in tough competition as everyone at Otsar is skilled bowlers. **Mark** swiftly rolled the ball down the lane. Next up was **Francine**. **Eddie J** swung the ball, like a professional. The scores were racking up. The winner was a tie between **Maria** and **Mordy**! The participants truly had a “ball”. All too soon, we were back at Day Hab. The laughter and good cheer accompanied us all afternoon long!

### Fall Scented Dough..

We unraveled a new theme, hot off the press! We are integrating sensory activities into our weekly art sessions. The participants will hone in on their dexterity skills. This week, we made homemade sensory dough. We started out with mixing the dough, which consisted of flour, water, salt, oil and cinnamon. We also added nutmeg, enhancing the dough with a delightful fragrance. The aroma travelled to the other end of the room. The participants mixed the dough and savored the soft texture. **Yelena**



loved the silk-like feeling. **Eshka** appeared to be on cloud nine and appreciated this relaxing activity. Some of us shaped the dough into letters and some created shapes. We can hardly wait to find out what's in store for us in this new segment!

### Dancing..

As part of our weekly exercise activity, staff unveiled a dance routine. We put on our dancing shoes and the fun began. "Young man, there's no need to feel down". The participants got off their feet by the chorus of Y.M.C.A. Next up was the Twist. **Roger** impressed us with his grooves. And of course, we played the bunny hop. "You put your right foot in, you put your right foot out". **Peryl** laughed as she twirled around. Day Hab was transformed into a ballroom with the participants dancing to their hearts content. We all know that Otsar Day Hab truly can't be "beat"!!