The DayHab

newsletter

פרשת ראה August 11, 2023



Dancing with Arkadiy..

The participants count down the days to Arkadiys dancing session. He brings unique energy, positivity and smiles to our Day Hab. As always, Arkadiy was greeted with resounding applause when he arrived.

We started out with warm up exercises. "Stretch those hands as high as you can". We continued learning the Bachata. Arkadiy showed us the steps, along with a beat. One, two, three, four.. He then danced with each participant individually. **David** danced like a pro, familiar with the steps. **Eshka** did the twirl perfectly. We were blown away by our skilled dancers. The participants have mastered many dance rhythms and are ready to

take it up a notch. Stay tuned for some new moves that will most definitely "take

the floor"!



Trip to Erskine Mall..

The participants were delighted when they heard we would be going to the Erskine Mall. It has been too long. On Wednesday, we loaded the buses with a bounce in our step and were on our way. We visited Five Below. Richie bought a set of multi-colored crayons. Yvette was practical and purchased a knapsack. Mordy bought a bold tshirt.

We walked around the outdoor mall, eyeing the window displays. The participants came back with radiant faces. Stay tuned for an educational trip coming up next week that will leave you enriched!

Birthdays of the Month..

Wednesday brought along a day filled with laughter and celebration. The participants clapped and sang for those born in August. Happy Birthday to Yaakov! Anat made us a beautifully decorated sponge cake with whipped topping and sprinkles.

Yaakov received a birthday balloon and colorful hat to take home. The participants showered the celebrant with well wishes.

In return, Yaakov gave the participants a heartfelt blessing. Roger

honored us with a rendition of Siman Tov U'Mazel Tov in a booming



voice. In our main room, we have a sparkling birthday bulletin board with the pictures of those celebrating each month. These birthday parties are one of the many innovative activities that are part and parcel of Otsar Day Hab!!

Spotlight on Bracha..

On Wednesday, the lucky participant featured was none other than **Bracha**.

We learnt all about her likes and interests. Bracha's favorite activity at

Otsar is our kitchen group where she is becoming an experienced chef.

A memorable trip she shared is when we went to Melody Lanes,

only a few weeks ago. We learnt that Bracha's favorite color is red.

Her favorite food served at Otsar is baked ziti, arguably a favorite

among the participants. Her beloved friends include **Maria**,

Yaakov and **Miriam**. During her spare time, Bracha enjoys

watching Seinfeld shows on TV. She ended off by saying how

every day at Otsar is a great day. The participants cheered for

Bracha and could not agree more. We are looking forward to next

weeks' spotlight. Whose it gonna be? Just wait and see!!