The DayHab

newsletter

פרשת כי תשא March 1, 2024

Purim Art..

Preparation for the beloved Yom Tov of Purim is in full swing! Festive music can be heard echoing off the Day Hab walls. Glitter masks have been hung up along with a *mishenichnas adar* sign. The participants have been meticulously planning what they will dress up as on Purim. This week in our arts n' crafts session, we made delightful Purim signs. The participants had a choice of two designs, one said Happy Purim and the other was a sign with the four *mitzvos* of the day. We colored in the transparent sheets using permanent markers. David used rainbow colors, creating a paradise. Sara appreciated this meaningful craft. Once completed, we stapled the sheets onto a silver foil creating a magical stained glass effect. Stay

tuned for an exciting program coming soon that will turn your day "upside-down"!!



Trip to Ceasar's Bay..

The participants were excited when they heard we would be going to the Ceasar's Bay Shopping Center. On Wednesday, we loaded the buses with a bounce in our step and were on our way. There are so many marvelous stores to choose from at the center. We visited Five Below, a favorite among the participants. **Yaakov** bought a Pink Floyd t-shirt. **Eshka** purchased delicious smelling perfume. **Marc** bought a paint-your-own sun catcher kit. We walked around the bustling store, amongst the many shoppers. The participants came back with radiant faces. Anyone in need of a personal shopper? You know where to find us!

Musical Chairs...

On Monday, we joined the camaraderie and played the classic game of musical chairs. We prepared the chairs in a line and turned on lively music. The participants danced along, eyeing the lpad with music playing to see when it would stop. **Yanky** reached

the chair just before **Gita**. We cheered our friends on and aced our



way through the game. The lucky winner was none other than

Eddie J! Shout out to our wonderful participants for giving each activity their best shot!

Kitchen Collection..

bar. With our seasoned chefs ready to roll, it's a breeze. On Monday, we had nutritious fish, quinoa and vegetable salad. In the afternoon, we baked apple muffins. Yum! Tuesday brought along sweet potatoes, tuna patties and string beans. Our stomachs grumbled in anticipation as we prepared the food. On Wednesday, we were treated to steaming vegetable soup. We topped it off on Thursday with noodle cheese kugel. The lucky group of participants hammered away but their efforts surely paid off. We were all impressed with how flavorsome the food tasted. Thank you Otsar for preparing a