The DayHab newsletter

פרשת שלח July 20, 2025

Trip to Melody Lanes..

On Wednesday, the participants went on a "strike"ing trip to the bowling alley. We got off the buses in the morning with glistening faces. Every day at Otsar is exciting but this Wednesday was extra special! We loaded the buses eagerly and were on our way. The participants were in tough competition as everyone at Otsar is skilled bowlers.

Bobby swiftly rolled the ball down the lane. Next up was **Eddie S**.

Yelena swung the ball, like a professional. The scores were racking up. The

lucky winner was none other than **Lila**! We clapped and cheered for her. The

participants truly had a "ball". All too soon, we were back at Day Hab. Shout out to

our devoted staff for making our days come alive!!

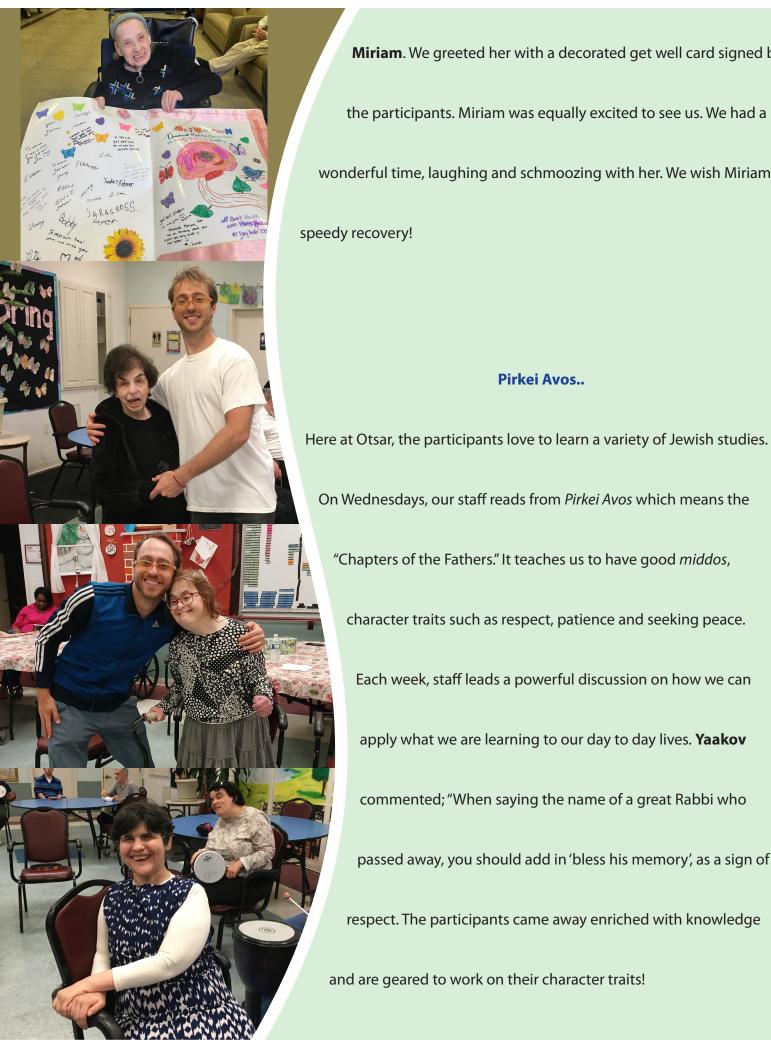


Rock Painting..

There is always something exciting up our sleeve and this week was no exception! The participants look forward to creating different masterpieces each and every week. On Tuesday, we were delighted to paint and design rocks. Each participant received a rock and acrylic paint. Some of us painted the rocks in a solid color and others in a pattern. Sara appreciated this nostalgic activity. Once the paint dried, the participants decorated the rocks using paint markers. Mordy wrote his name in bubble letters. We will use these rocks to create an indoor plant haven known as a terrarium. Kudos to the participants who are truly a "rock of strength" for us all!

Visiting Miriam..

As the participants are one big, happy family; when one of our members is out, they are solely missed. On Monday, a lucky group of participants including **Yanky** and **Francine** went to visit



Miriam. We greeted her with a decorated get well card signed by the participants. Miriam was equally excited to see us. We had a wonderful time, laughing and schmoozing with her. We wish Miriam a speedy recovery!

Pirkei Avos...

On Wednesdays, our staff reads from Pirkei Avos which means the "Chapters of the Fathers." It teaches us to have good middos, character traits such as respect, patience and seeking peace. Each week, staff leads a powerful discussion on how we can apply what we are learning to our day to day lives. Yaakov commented; "When saying the name of a great Rabbi who

passed away, you should add in 'bless his memory', as a sign of

and are geared to work on their character traits!