

"Treasure the things that make you different and unique"

OTSAR'S SUNDAY PROGRAM



Contacts

Office:

718-946-7301 X 205

Melissa Pupko

melissa@otsar.org

Today was a great day at OTSAR. We started off the day with davening.

Then Mike the drum guy came to visit us, and once again, it was very entertaining.

It was so much fun making stress balls today! We filled small water bottles with water beads, then we placed a clear balloon over the opening. We then squished the bottle really hard and all the water beads went into the water bottle. We knotted the balloon - and presto - we now have a stress ball. We can't wait to show you.

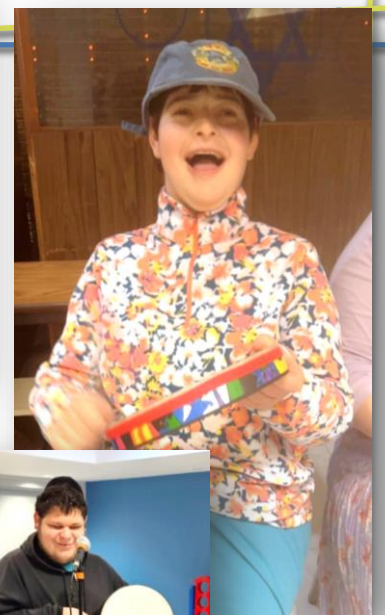
We made healthy banana muffins and enjoyed them for a snack once they were baked.

We are sad that next week is our last week of Sunday Program! ☹

We can't wait to see everyone in Mini Day Camp! 😊

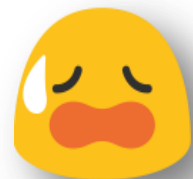
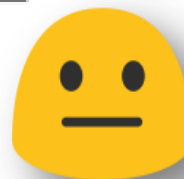
Melissa 😊





Name: _____

Today I was feeling:



I ate:
(Please list foods and times)

I used the bathroom/
was changed:
(Please list times)

Comments: _____
